BIOMECHANICAL EXAM

| | | | - | - | - | | | - | | - | |
|--------------------|-----------|------|-------|--------------------|---------------|------|-------|--|---------------|------|-------|
| | | Left | Right | | l | Left | Right | | I | _eft | Right |
| Arch Height | High | | | Foot Flexibility: | Flexible | | | Ankle Dorsiflexion | Increased | | |
| Off Weight Bearing | Medium | | | | Normal | | | | Normal | | |
| | Low | | | | Restricted | | | | Decreased | | |
| Arch Height | High | | | First Ray Motion: | Hypermobile | | | Knee position | Straight | | |
| Weight Bearing | Medium | | | | Normal | | | | Genu Varum | | |
| | Low | | | | Restricted | | | | Genu Valgun | n 🔲 | |
| Subtalar Joint | Increased | | | First Ray Position | Dorsiflexed | | | G | enu Recuvatun | n 🔲 | |
| Range of Motion | Normal | | | | Normal | | | Equinus | Absent | | |
| | Decreased | | | | Plantarflexed | | | • | Present | | |
| Relaxed Calcaneal | Inverted | | | Hallux Limitus | None | | | Gait Pattern: | | | |
| Stance Position | Vertical | | | | Moderate | | | | Straight | | |
| | Everted | | | | Severe | | | | Out-Toe | | |
| Neutral Calcaneal | Inverted | | | 1st Met Length | Short | | | | In-Toe | | |
| Stance Position | Vertical | | | R:mm | Normal | | | Has patient had orthotics? ☐ Yes ☐ No | | | lo |
| | Everted | | | L:mm | Long | | | If yes,response was: □Good □ Fair □ Poor | | | |

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