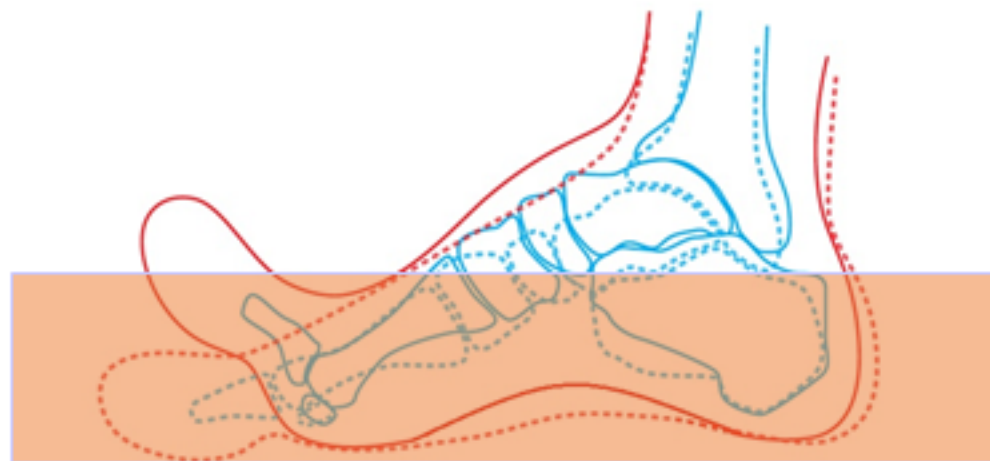


# Foam Casting with the Windlass Mechanism

- ..... Cast in foam using traditional methods
- Cast in foam using the Windlass Mechanism
- Foam Block

- Drive the Heel Into the Foam Block Completely from the Knee Maintaining STJ Neutral
- Work the Forefoot Into the Foam Completely from Dorsal Metatarsals to *Lesser* Toes and Back
- Tuck In the Lateral Column



■ Performance Laboratories acknowledges that STJ neutral and a fully pronated MTJ cannot be verified by the lab.

- Can Reduce Forefoot Varus to Vertical
- Prevents Jamming of First Ray by Creating Anatomical Forefoot Correction
- Will Raise MLA